

Sprinter – Grade A (Level 8 and EP)

Your attitude to learning, organisation of PE uniform and behaviour is excellent within lessons and during out of hours learning

You have a strong desire to be an active participant in lessons and can apply skills and tactics/technical knowledge to a high level with consistency and control

You are confident enough to take on a variety of roles, such as official, leader and coach within the lesson and in out of hours learning

You take responsibility for your own learning and ensure that progress is made

You actively take part in inter-house competition and regularly take part in community sport

You are fully aware of how to maintain an active healthy lifestyle and you actively seek ways to make this happen