

Runner – B Grade (Level 7)

Your attitude to learning, organisation of PE uniform and behaviour is excellent

You are an active participant in lessons and can apply skills and tactics/technical knowledge to a good level with some consistency and control.

You have the ability to take on other roles within the lesson, such as leader, coach or official but need encouragement to do so

You can work independently and as part of a team but sometimes need the help of your peers or the teacher to make improvements.

You take part in inter-house competition and attend school clubs and practices as well as participating in community sport

You have a good understanding the key components of a healthy and active lifestyle and you recognise how you as an individual can improve this aspect of your life