

# ***Crawler – Grade E (Level 5)***

Your attitude, organisation and behaviour requires improvement in PE lessons

You can apply basic skills but need to improve your tactical and technical knowledge and apply them with more control and consistency to be successful

You rarely take on other roles within the lesson such as coach, leader or official

You can work independently but prefer others to take the lead

You occasionally take part in inter-house competition but do not attend school clubs or take up opportunities to be active in the local community.

You know what makes up the key components of an active and healthy lifestyle and recognise how you could make improvements to your own lifestyle.