Hampton College

3 October 2025

HAMPTON COLLEGE

Dear Parents/Carers

NSPCC Kindness Week

We are excited to announce that next week, we will be celebrating NSPCC **Kindness Week**. This special week is dedicated to promoting compassion, empathy, and positivity throughout our school community.

Throughout the week, children will be welcome to participate in various activities focused on the importance of kindness — both big and small, encouraging every student to recognise the impact of kind words and thoughtful actions.

We believe that kindness begins at home and flourishes when modelled and celebrated. That's why we would love for families to get involved! Here are a few ways you can support Kindness Week (please find the attached resources to help):

- **Talk with your child** about what kindness means and how they can show it at school, at home, and in your community.
- **Encourage your child to perform random acts of kindness** and share them with us! These could include helping a friend, writing a thank-you note, or even just offering a smile to someone who needs it.
- **Help your child document their acts of kindness** on a provided "Kindness Card" (attached) or through photos/drawings they can bring in to share with their class.

Let's work together to create a culture of kindness that lasts far beyond this week. Thank you for your continued support in helping our students grow into thoughtful, caring individuals.

With kind regards

MStuffins

Mrs M Stuffins
Deputy Head of School (Primary Phase)